



# Media Statement

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## **MEDIA RELEASE**

21 April 2026

### **Free community event addressing concussion awareness coming to Geraldton in May**

Rural Health West will host a free community education session in Geraldton next month aimed at improving awareness and understanding of concussions.

The event will take place on Tuesday 12 May at the Rover Football Club from 6pm to 8pm and is open to all members of the community.

Presented by renowned GP and sports doctor Dr Gill Cowen alongside local physiotherapist Natalie Marwick, the session will focus on improving understanding and management of mild brain injuries.

Dr Cowen will discuss the occurrence of concussion in sports as well as those resulting from falls, road traffic incidents and physical assaults. She will also explain how to recognise the signs and symptoms as well as what individuals and the community can do to minimise future incidents, both on and off the field.

Rural Health West Manager Education and Skills Development Team, Corinne McGowan, said the team was fortunate to offer free education sessions on important health topics to communities across regional Western Australia through the Family Program.

“It’s rewarding to equip local community members with the knowledge, practical skills and current resources to empower them to improve their health,” she said. “Concussion can affect anyone, on or off the sports field, and early recognition and proper management are key to keeping our communities safe.

“We are grateful to Dr Gill Cowen and local physiotherapist Natalie Marwick for their expertise and time delivering this free education for the Geraldton community.”

All Midwest community members are invited, with the topic of particular relevance to sporting clubs, recreation associations, education providers, emergency service volunteers and aged care providers. Q&A and shared community members’ experiences welcome.

Attendance is free, but **registrations are essential**. Please register online via <https://ruralhealthwest.eventsair.com/ceeconcuSSION-ger/reg>

For further information please contact [familysupport@ruralhw.com.au](mailto:familysupport@ruralhw.com.au)

**Ends**

**\*Photo opportunities available**

Lynn Loganathan, Rural Health West – 0434 396 500

***RHW supporting rural health families***

*Rural Health West is committed to looking after the health and wellbeing of the rural health workforce and their families. Through our Family Program, we aim to ensure health professionals and their families, living and working in rural Western Australia, feel connected, valued and equipped to thrive in their communities, providing them access to Partner Education Grants, travel support and family-friendly activities to facilitate social connection, in partnership with our seven regional Health Professional Networks (HPNs).*